



Ingredients

Two softgels contain:

Free plant sterols (from non-GMO soy).....	350 mg
Wild-crafted saw palmetto (<i>Serenoa repens</i>) fruit liposterolic extract, 95% fatty acids (CO ₂ -extracted)	320 mg
Stinging nettle (<i>Urtica dioica</i>) root extract, 1% silicic acid	240 mg
Rye (<i>Secale cereale</i>) flower pollen extract	210 mg
Certified organic borage (<i>Borago officinalis</i>) seed oil	200 mg
L-Alanine	100 mg
Cranberry (<i>Vaccinium macrocarpon</i>) fruit 107× concentrate.	100 mg
L-Glutamic acid hydrochloride	100 mg
L-Glycine	100 mg
Pygeum (<i>Pygeum africanum</i>) bark, 12% phytosterols	100 mg
Natural vitamin E (mixed tocopherol concentrate, from non-GMO soy)	76 mg
Zinc (from zinc citrate).....	32 mg
Pau d'arco (<i>Tabebuia heptaphylla</i>) inner bark	30 mg
Tomato (<i>Solanum lycopersicum</i>) flesh extract, 5% lycopene... ..	24 mg
Vitamin B ₆ (pyridoxine hydrochloride)	20 mg
Selenium (from yeast-free L-selenomethionine)	100 mcg
Vitamin D ₃ (cholecalciferol)	25 mcg (1000 IU)
Other ingredients: Extra virgin organic olive oil (350 mg); organic pumpkin (<i>Cucurbita pepo</i>) seed oil, cold-pressed (200 mg); lecithin (from non-GMO sunflower); silicon dioxide; and beeswax in a softgel made of annatto liquid extract (in non-GMO sunflower oil), bovine gelatin, glycerin, and purified water.	

NPN 80059985 · V0445-R6

Ingredients in this formula have been validated for potency and identity, and certified free of heavy metals, pesticides, and solvent residues using:

- Inductively Coupled Plasma Optical Emission Spectrometer (ICP-OES)
- HPLCs with Diode Arrays UV-VIS Detectors / Refractive Index Detectors
- Gas Chromatograph/Mass Spectrometer (GC/MS)
- Gas Chromatograph with Flame Ionization Detector (GC/FID)
- Near-Infrared Spectroscopy (FT-NIR Spectrometer)
- Headspace Gas Chromatography (organic solvent residues)
- Disintegration



Prostate Perform
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ProstatePerform

A healthy prostate begins with
Prostate Perform



- A natural approach to keep your prostate healthy
- Get relief in just 7 to 10 days

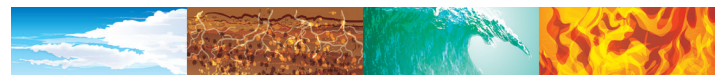


Tested in our
ISO 17025
Accredited Laboratory



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The Problem With the Prostate.

Located just below your bladder, the prostate gland impacts both your urinary and sexual functions. For a small gland, the prostate can create some big problems. It's vulnerable to a number of conditions, including BPH (benign prostatic hyperplasia), prostatitis and, of course, prostate cancer. Fortunately, men have several early warning systems that include difficulty urinating and erectile dysfunction, that can be signs of an enlarged prostate.

The prostate is a problem for 80% of men 40 years or over

At the age of 40, normal healthy active men produce an increase in the amount of dihydrotestosterone (DHT), a very potent, dangerous form of testosterone within the prostate. This causes overproduction of prostate cells, which results in prostate growth and increased cancer risks. Men of African-American heritage have the highest incidence of prostate cancer.

- Made with all-natural ingredients
- See results in 7 to 10 days!

ProstatePerform is a proactive, one-stop supplement for safeguarding your ongoing prostate health.

Our innovative, nutraceutical-based formula combines the most effective ingredients for the treatment of the symptoms of benign prostate hyperplasia that include: frequent urination, urgency, low volume, difficulty emptying your bladder, and straining to start urination.

How Healthy Is Your Prostate?

For your peace of mind, there are a few short questions you can ask yourself that will let you know just how concerned you should be about your prostate.

- Do you urinate every 2 hours or less?
- Do you have difficulty delaying urination?
- Do you frequently stop and start during urination?
- Do you often strain to begin urination?
- Do you have a weak stream or mere dribble despite your urgency?
- Does it feel like your bladder isn't entirely empty after urination?
- Do you have to get up to urinate at night?

Answering yes to even one of these questions may indicate a prostate problem. It's best that you consult your health-care practitioner for advice.

Don't let your prostate become a problem

Improving your diet by increasing fibre, fruit and vegetable intake while reducing red meats, dairy, refined sugars and fats can greatly improve your prostate health. Regular exercise is also a contributing factor to avoiding any aggravating problems.

A maintenance regimen of New Roots Herbal's **ProstatePerform** is a smart addition to your nutritional program. Our innovative formula is the perfect nutrient for your ongoing prostate health.

Wild-Crafted Saw Palmetto Fruit Liposterolic Extract, 95% Fatty Acids

The most recognized of plant extracts that address urinary difficulties. It is believed to act as a natural inhibitor to DHT production in the prostate, which reduces the rapid cell growth leading to gland enlargement. It acts to relax the muscles that cause urinary urgency.

Rye Flower Pollen Extract

Our allergen-free pollen helps improve urinary flow rates and voiding difficulties. It acts to relax the muscles which inhibit satisfactory urine flow and reduce pressure in the urethra, and reduce the size of the prostate.

Free Plant Sterols (from Non-GMO Soy)

These plant-derived fats and alcohols are a major element of the prostate-healing isolates which are used in **ProstatePerform**. They act to improve urinary difficulties and reduce BPH symptoms. *beta*-Sitosterols are also successfully inhibiting tumours, reducing cholesterol, and modulating the immune system.

Pygeum (*Pygeum africanum*) Bark, 12% Phytosterols

This powerful traditional remedy reduces swelling in the prostate.

Tomato Flesh Extract, 5% lycopene

Found in tomatoes, lycopene is a potent antioxidant that reduces prostate disease.

Stinging Nettle Root Extract, 1% Silicic Acid

Acts to improve urinary output and decrease the need for nighttime urination.

Zinc (from Zinc Citrate) and Vitamin B₆ (Pyridoxine Hydrochloride)

Zinc is recognized as a vital nutrient for a healthy prostate, effective in reducing both benign prostatic hyperplasia symptoms and size of the prostate. Vitamin B6 enhances the usefulness of zinc.

Selenium (from L-Selenomethionine)

Selenium is a critical trace mineral necessary for the synthesis of antioxidant enzymes that benefit prostate health.

Certified Organic Borage Seed Oil

Blocks prostate cell growth.

Cranberry 107× (*Vaccinium macrocarpon*)

Reduces infections of the bladder and urinary tract.

L-Alanine, L-Glutamic Acid Hydrochloride, and L-Glycine

Reduce symptoms of benign prostatic hyperplasia.

Pau D'Arco

Has antifungal and antimicrobial properties.

Extra Virgin Organic Olive Oil

Studies show that lycopene levels in the blood after 24 hours are three times higher when taken with olive oil.

Organic Pumpkin Seed Oil

Research has shown that the zinc and beneficial fatty acids in pumpkin seed oil can improve function of the bladder and urethra integral for relief of symptoms associated with BPH.

Suggested Use

Adult men: Take 2 softgels daily with food or as directed by your health-care practitioner. If you are taking other medications, take this product a few hours before or after them. For some men, 1 softgel daily may be enough to give results. Consult a health-care practitioner for use beyond 4 months.

Notes

Improvements should be noticeable after 7–10 days.

References

- Awad, A.B., et al. "In vitro and in vivo (SCID mice) effects of phytosterols on the growth and dissemination of human prostate cancer PC-3 cells". *European Journal of Cancer Prevention* Vol. 10, No. 6 (2001): 507–513.
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